

Bower Hill Lunch Menu

September 2018

3

No School

Labor Day

4

Cheese Pizza

Grilled Cheese All American Chef Salad Pita/Veggie/Hummus Kit

Steamed Broccoli Applesauce 5

Nachos Grande

Chicken Nuggets /Breadstick All American Chef Salad Pita/Veggies/Hummus Kit

Corn Grapes 6

Waffles/Sausage

Cheeseburger All American Chef Salad Pita/Veggies/Hummus Kit

Hash Brown Pineapple Tidbits 7

Cheese Quesadilla

Mini Corn Dogs All American Chef Salad Pita/Veggies/Hummus Kit

Baked Beans Mandarin Oranges

10

Shrimp Poppers /Breadstick

Cheese Pizza Sticks/Sauce Fruit & Cheese Platter Ranch Chicken Wrap

French Fries Diced Peaches 11

Pizza Hut Pizza

Chicken Patty Sandwich Fruit & Cheese Platter Ranch Chicken Wrap

Green Beans Applesauce 12

Walking Taco

Chicken Tenders/Roll Fruit & Cheese Platter Ranch Chicken Wrap

Pinto Beans Watermelon 13

Pancakes/Sausage

Hot Dog Fruit & Cheese Platter Ranch Chicken Wrap

Cauliflower Diced Pears 14

Pasta Bar

Chicken Popcorn/Roll Fruit & Cheese Platter Ranch Chicken Wrap

Sliced Carrots Kiwi & Strawberry Cup

17

Chicken Nugget Bowl /Roll

Chicken Patty Sandwich Buffalo Chicken Salad Italian Hoagie

Tater Tots
Diced Peaches

18

Cheese Pizza

Grilled Cheese Buffalo Chicken Salad Italian Hoagie

Baked Beans Applesauce 19

Nachos Grande

Chicken Nuggets /Breadstick Buffalo Chicken Salad Italian Hoagie

Corn Grapes 20

French Toast Sticks /Sausage

Cheeseburger Buffalo Chicken Salad Italian Hoagie

Sliced Carrots Pineapple Tidbits 21

Mac N Cheese/Fish Sticks

Pork BBQ Sandwich Buffalo Chicken Salad Italian Hoagie

Steamed Broccoli Mandarin Oranges

24

Breaded Drumstick/Roll

Chicken Patty Sandwich Chicken Caesar Salad Turkey Hoagie

Mashed Potatoes/Gravy Diced Peaches 25

Cheese Plzza

Grilled Cheese Chicken Caesar Salad Turkey Hoagie

Green Beans Applesauce 26

Chick Soft Tacos/Rice

Chicken Nuggets /Breadstick Chicken Caesar Salad Turkey Hoagie

Baked Beans Grapes 27

Waffles/Sausage

Cheeseburger Chicken Caesar Salad Turkey Hoagie

Sliced Carrots Pineapple Tidbits 28

Chicken Parm w/ Pasta

Mini Corn Dogs Chicken Caesar Salad Turkey Hoagie

Steamed Broccoli Mandarin Oranges

1

Chicken Mashed Potato Bowl/Mini Soft Pretzel

Cheese Pizza Sticks/Sauce Popcorn Chicken Salad Ham Hoagie

French Fries Diced Peaches 2

Pizza Hut Pizza

Chicken Patty Sandwich Popcorn Chicken Salad Ham Hoagie

Sliced Carrots Applesauce 3

Walking Taco

Chicken Tenders/Roll Popcorn Chicken Salad Ham Hoagie

Pinto Beans Watermelon 4

Pancakes/Sausage

Hot Dog Popcorn Chicken Salad Ham Hoagie

Cauliflower Diced Pears 5

Pasta Bar

Pork BBQ Sandwich Popcorn Chicken Salad Ham Hoagie

Peas & Carrots Kiwi & Strawberry Cup

Daily Features:

Grab N Go Flatbread Pizza Kit Yogurt Parfait WG Pretzel/Cheese Stick/Trix Yogurt

SunButter & Jelly Sandwich Apples, Oranges & Bananas

Veggies May Include:

Baby Carrots, Broccoli Florets, Red Pepper Strips, Cucumber Slices, Grape Tomatoes, Snap Peas & Celery Sticks Available Daily:

Fat-Free and 1% white milk as well as Fat-Free flavored milk choices



This institution is an equal opportunity provider.